



Parent Newsletter

Landmark Elementary - Middle School

Friday, January 20, 2017

Yearbook Advertisements

Parent ad forms are due by Monday, January 30th. These ads are the number one source of revenue to keep yearbook costs low as well as filled with full color and exciting pages that will serve as a high quality keepsake of a student's time at Landmark. Please contact Ally Mazzarella with questions: emyearbook@landmarkschool.org

Middle School Dance

The middle school dance is in the EMS meeting room on Friday, February 10th from 6:30-8:30pm. Students will need to leave campus from 3-6:30pm as there is no supervision during this time. The dance will feature DJ Mike Gaeta and light refreshments will be served. The cost of the event is \$5 per student and students may bring non-Landmark middle school age friends to the dance as long as they have permission from Mr. Swanson ahead of time. Feel free to contact student council advisors Liz Scola escola@landmarkschool.org or Sarah Turnbull sturnbull@landmarkschool.org, 978-236-3102.

Start With Hello Week

During the week of February 6-10th we will be participating in *Start With Hello* week: part of the Sandy Hook Promise organization's work to decrease social isolation in our communities and promote inclusion. Stay tuned for more details!

Here's a link to learn more about the national week: <http://www.sandyhookpromise.org/startwithhelloweek>

Attendance Notice

If your child will be absent from school, late, or dismissed early for any reason please call the main office: 978-236-3100.

Middle School Celtics Trip

There will be a middle school outing to the Boston Celtics game on Friday, January 27th. Thanks to a generous donation from Landmark Trustee James Duffy, there will be no cost to attend this trip. Permission slips have been sent home with all Middle School students. Please contact Tara Joly-Lowdermilk with questions 978-236-3164.

Ski Trip

On Friday, February 3rd there will be a ski trip to Mt. Wachusett offered for Middle School students. The trip will leave campus at 9:45am and return by 6:30pm. Students who participate will miss their 7th and 8th period classes that day. Be on the lookout for a permission slip. Contact Peter Harris with questions 978-236-3156 pharris@landmarkschool.org.

Health Center

- Final work is proceeding on our new EMS Health Center, which will open soon in the main building. This location will be more accessible to all of the students and will offer privacy when needed for students who are ill, need rest, or a place to discuss issues with the nurses.

- Please send in all physical exam forms as they are updated at your student's annual physical exam. If you have not sent in confirmation of an annual dental exam please do so ASAP.

- Winter weather can be dehydrating and students will not feel well if they do not drink enough water. If your student is not carrying a reusable water bottle, please facilitate this process.

Upcoming Dress Down Days

Friday, February 3rd: \$2 for Student Council

Friday, February 10th: \$2 for Multiple Sclerosis

Reminders:

Early Release: Friday, February 3rd

Early Release Day for February Vacation: Friday, February 17th

School will resume on Monday, February 27th



Parent Newsletter

Landmark Elementary - Middle School

Friday, January 20, 2017

Weather Advisories

In the event of a school closing or delay you can see Landmark School information on the following Boston TV stations or the station home pages:

Radio Station WBZ 1030AM
Channel 4 WBZ
Channel 5 WCVB

Families will also receive an automated call if there is a delayed opening or school closing. **In the event of a delayed opening, school will start at 10am. Students can be dropped off between 9:30-10am, but absolutely no earlier than 9:30am.** Delayed openings are free dress down days as well.

Community Action Team

Thank you for your continued support in helping our local and global community. NuDay Syria's shipment of clothing and stuffed animals is on its way to Syria!

Our next service trip will be to Cape Ann Animal Aid in Gloucester in March. From February 1st – March 3rd we will be collecting items to be donated in boxes in the lobby. Some of the needed items are:

- Pet Supplies: wet food for cats and dogs, soft training treats for dogs, stainless steel and ceramic pet dishes, 'like new' towels and blankets, rubber/durable plastic toys, Nylabones, interactive toys
- Cleaning Supplies: paper towels, bleach, hand soap, garbage bags, dishwasher tabs and soap, laundry detergent

- Gift cards are also always appreciated!

Visit www.capeannanimalaid.com for a more complete list. Thank you!

Counseling Department

New intern Erin Herzeelle is joining the counseling team for the second semester as well as the 2017-18 school year. Erin is earning a Masters of Education and School Counseling and a license in Mental Health Counseling at Salem State University.

Technology Tips for Healthy Relationships and Healthy Sleep

As students enter adolescence, media present new challenges and opportunities for your child's health. Here are some tips to ensure your child's success:

- Remind your child that what they share, post, write, or "like" online is not private and cannot be permanently deleted
- Create a technology free zone or time in your home
- Place a charging station for devices away from your child's bedroom
- Make use of parental controls on your child's phone through apps such as TeenSafe Control or Kidslox
- Help your child select a secure password for any sites that they use and remind them not to share their password with friends
- Ask your child about what websites and apps they are using. (Helpful websites:

<https://www.common sense media.org/social-media>,
<http://cmch.tv/wp-content/uploads/Tip-Sheet-Tweens.pdf>

Attend a free event: *Left to Their Own Devices? Helping Our Children Navigate the Digital World* on Friday, January 27th from 6:30-8:30pm at the Waldorf School at Moraine Farm:
<http://waldorfmoraine.org/event/01-27-17/>

Landmark Parents Association (LPA)

- *Friday, February 10th*: Join the Landmark Parents Association for a Round table discussion and lunch with Trustee Harvey Alter
- *Tuesday, February 14th*: LPA Annual Valentines Social... details to come!

From Office of Institutional Advancement:
- *Saturday, February 11th*: 12th Annual Casino Night - Tickets are on sale: www.landmarkschool.org/events

Reminders:

Early Release: Friday, February 3rd

Early Release Day for February Vacation: Friday, February 17th

School will resume on Monday, February 27th